

Know your numbers

Find important numbers anytime you need them*

Humana Group Medicare Customer Care

866-733-1872 (TTY: 711),

Monday – Friday, 8 a.m. – 9 p.m., Eastern time

Health and Well-being Assessment

866-733-1872 (TTY: 711),

Monday – Friday, 8 a.m. – 9 p.m., Eastern time

MyHumana

Sign in to or register for MyHumana to access your personal, secure plan information and check your Go365 wellness rewards balance and find more ways to earn at **MyHumana.com**.

MyHumana mobile app

MyHumana.com/mobile-apps

Doctors in your network

FindCare.Humana.com

Telehealth

Contact your local provider to ask about virtual visit options, or use Humana’s “Find Care” tool at **FindCare.Humana.com**. You can also call the number on the back of your member ID to connect with a provider offering telehealth services.

SilverSneakers®

888-423-4632 (TTY: 711),

Monday – Friday, 8 a.m. – 8 p.m., Eastern time

SilverSneakers.com

Humana Care Management

800-558-0187 (TTY: 711),

Monday – Friday, 8:30 a.m. – 5:30 p.m., Eastern time

Post-discharge Transportation

866-733-1872 (TTY: 711),

Monday – Friday, 8 a.m. – 9 p.m., Eastern time

Post-discharge Personal Home Care Services (PHCS)

866-733-1872 (TTY: 711),

Monday – Friday, 8 a.m. – 9 p.m., Eastern time

<https://www.humana.com/home-care/home-health-personal-care>

Post-discharge Meal Program

866-733-1872 (TTY: 711),

Monday – Friday, 8 a.m. – 9 p.m., Eastern time

Humana.com/home-care/well-dine

Wellness Coaching

877-567-6450 (TTY: 711),

Monday – Friday, 8 a.m. – 6 p.m., Eastern time

Caregiver Support

Humana.com/caregiver

Medication Therapy Management

833-349-4114 (TTY: 711),

Monday – Friday, 9 a.m. – 5:30 p.m., Eastern time

CenterWell Pharmacy™

800-379-0092 (TTY: 711),

Monday – Friday, 8 a.m. – 11 p.m., and

Saturday, 8 a.m. – 6:30 p.m., Eastern time

CenterWellPharmacy.com

CenterWell Specialty Pharmacy™

800-486-2668 (TTY: 711),

Monday – Friday, 8 a.m. – 11 p.m., and

Saturday, 8 a.m. – 6:30 p.m., Eastern time

CenterWellSpecialtyPharmacy.com

State health insurance program offices

800-633-4227 (TTY: 711), daily

www.cms.gov/apps/contacts/#

**You must be a Humana member to use these services.*