



Real People, Real Stories

Resolving Problems Early

Dale and his wife were constantly arguing about parenting their troubled teenage son, making it difficult to focus at work. The Health Advocate Licensed Professional Counselor helped the couple explore effective solutions and located support services, easing family tensions and improving Dale's ability to concentrate.

We can help.

Call us today!



877.240.6863

Email: answers@HealthAdvocate.com
Web: HealthAdvocate.com/members

We're here when you need us most

Your Health Advocate benefit can be accessed 24/7. Normal business hours are Monday - Friday, from 8 am to 12 am (midnight), Eastern Time. Staff is available for assistance after hours and on weekends.

There is no cost to use our service

Your employer or plan sponsor offers your Health Advocate benefit at no cost to you.

We're not an insurance company

West's Health Advocate's Solutions is not a direct medical care provider, and is not affiliated with any insurance company or third party provider.

Your privacy is protected

Our staff carefully follows protocols and complies with all government privacy standards. Your medical and personal information is kept strictly confidential.



Welcome

to Your New Health Advocate Benefit

All of us have experienced some type of personal problem, concern or emotional crisis at one time or another. The Health Advocate MAP+Work/Life program, offered to you at no cost by your employer or plan sponsor, gives you access to a Licensed Professional Counselor or Work/Life Specialist for help with personal, family, and work issues.



The Pension Boards
United Church of Christ, Inc.
WHERE FAITH AND FINANCE INTERSECT

HealthAdvocateSM

Help is only a phone call away

Member Assistance

Your member assistance program (MAP) is designed to help you lead a happier and more productive life at home and at work. Call for confidential access to a Licensed Professional Counselor who will help you define the problem clearly and assist you.

Get unlimited help with personal, family, and work issues such as:

- Stress, depression, anxiety
- Relationship issues, divorce
- Job stress, work conflicts
- Family and parenting problems
- Anger, grief and loss
- Addiction, eating disorders, mental illness
- And more!

Your counselor will either address your concerns during your sessions, or will refer you to appropriate licensed professionals, counselors or community resources for long-term help.

Plus, you have unlimited access to our Medical Bill Saver™ service for help lowering the balance on non-covered medical and dental bills.

Who is covered?

Health Advocate is available to eligible employees, their spouses or domestic partners, dependent children, parents and parents-in-law.

Work/Life Balance

You can also reach out to a specialist for help with balancing work and life issues. Just call and one of our Work/Life Specialists can answer your questions as well as put you in touch with resources in the following areas...

Childcare Services

- Childcare centers
- Babysitter tips
- Family-run child care homes
- Community resources
- Nanny agencies
- Pre-schools

Legal Services

- Personal/family elder law
- Real estate
- Identity theft

Additional features

- Medical Bill Saver™ service for help lowering the balance on non-covered medical and dental bills.

Eldercare Services

- Assisted living
- Nursing homes
- Independent living
- Adult day care services
- Geriatric care managers
- Adults with disabilities

Financial Services

- Debt management
- Budgeting
- Credit report issue



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