## Fitness Your Way by Tivity Health™

Get access to nearly 9,500 fitness locations

## **Enroll Now**

Whether you want to lose weight and maximize your energy or manage stress and improve your mood, here's a great, low-cost way to meet your goals. Fitness Your Way allows you to join a network of fitness facilities for a discounted rate, so you can work out anywhere when it's convenient for you — at a cost that doesn't stretch your budget.

## How It Works

Fitness Your Way gives you access to nearly 9,500 fitness locations, including select national chains. As a Fitness Your Way member, you can visit any participating fitness location — anytime, anywhere — as often as you like.

Pay only \$29 a month\*, plus a low \$29 enrollment fee, and make a three-month commitment. Do it all online. Then put your fitness plan into action.

## How to Enroll

Log into **highmarkbcbs.com** (or follow instructions to register)

- Select Member Discounts.
- Scroll to Discounts & Rewards and select Blue365 Discounts.
- Select **Login** (or register for Blue365 by following the instructions).
- Once registered or logged in, select Browse All Deals and select Fitness Your Way.
- · Select Redeem Now to enroll.
- Start using your membership right away! Print your card or download it to your smart phone and present it at any participating facility.

\*Note: You will be billed for \$29 monthly. If you prefer, you can call **1-888-242-2060** to enroll. For member web support, please call **1-877-298-3918**. The fitness center discount is separate and distinct from your health benefits plan.







Taxes may apply. Individuals must be 18 years of age to purchase a membership. \$29 monthly fee requires a three-month commitment.

Tivity health is a national vendor that provides solutions to improve health and well-being.

Highmark Blue Cross Blue Shield is an independent licensee of the Blue Cross and Blue Shield Association.

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The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意:如果您说中文,可向您提供免费语言协助服务。请拨打您的身份证背面的号码(TTY:711)。

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